



Gunhild
Lorenzen
Coaching

Welcome

You decided to get in contact with me. Well done. Before you engage working with me via Skype, on the telephone or in person (Belgium and France), I would like to tell you about my different services. Please reflect upon what it is that you need.

Intensive Life Coaching

Is appropriate for you when you suffer from mood swings, depressive episodes, anxieties, panic attacks, deep grief, or relationship problems.

I offer a package of 15 sessions à 75 minutes over a period of 4 to 5 months for 2500 €.

I offer coaching sessions in English, French or German.



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Creative Life Coaching

Is good for you when you are on a spiritual quest, asking yourself 'what is the meaning of my life?' or when you are a writer or a painter and feel blocked.

Packages:

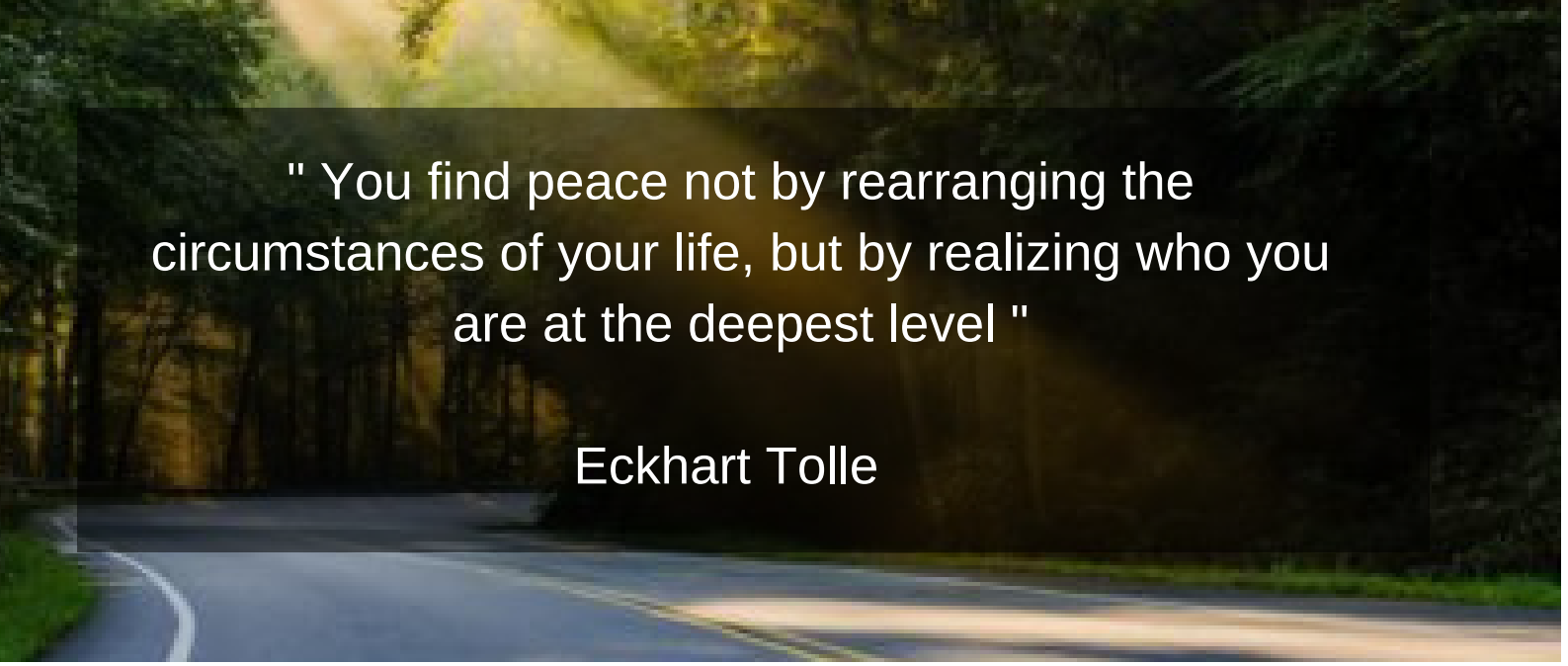
Option 1 / 5 sessions à 75 minutes via Skype for 900 €

Option 2 / 10 sessions à 75 minutes via Skype for 1700 €

Spiritual Life Coaching

Is for you when you want to learn how to meditate or take private Tai Chi Qi Gong (18 movements) lessons.

My offer is to take 5 sessions à 45 minutes for 500 €.



" You find peace not by rearranging the
circumstances of your life, but by realizing who you
are at the deepest level "

Eckhart Tolle

Please get in contact with me so that
we can decide together when to
start.

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Warm regards, Gunhild